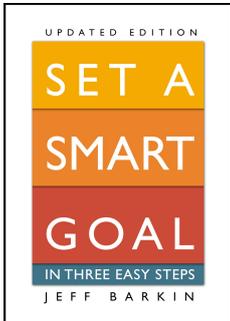


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SET A SMART GOAL IN THREE EASY STEPS FULFILL AN ATTAINABLE TARGET IN SIMPLE YET EFFECTIVE WAYS EBOOKS 2019



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Achieve more by setting attainable goals. Set smart goals and get the results you wanted. Are you tired of not achieving what you set out to achieve? Are you tired of falling just short of what you wanted to do? People often get discouraged and fall into a habit of bad behavior because they couldn't achieve the goals they set out to do. This doesn't mean that they didn't want it enough or that they didn't work hard enough to achieve what they desired. It just shows that they made unattainable goals. This book will help you get past damaging thought patterns and analyze your actions in an objective manner, helping you identify the negatives and reprogram your psyche in a correct way. You will find out why smart goals are important and how you can get a better sense of who you are and what you can truly achieve by setting smart goals. Here are just a few subjects touched on in the book: Learn how to determine your negative thought patterns and correct them. Understand how your old way of thinking has affected you in the past. The only way to move forward is to learn from mistakes made in the past and evolve. Achieve what you always wanted. Learn the exact steps you will need to take and how to keep going in the face of adversity. Learn how to interpret what you did wrong in the past so that you can make sure you won't repeat it in the future. Learn how to objectively analyze your own skills and knowledge and how to take that into consideration when formulating your smart goals. Learn how to motivate yourself and keep going on the right path, regardless of how hard it may seem at first, it will be worth it in the end. Find out what your exact goals are, learn how to put them in categories and how to construct a realistic plan that will help you achieve them. Find out much more, inside. This book is a precise tool you can use to achieve the knowledge you desire. It doesn't beat around the bush with endless talking or unrealistic plans. It's well-written and easy-to-understand. It's great to take with you and review when you have some free time as the knowledge it offers is priceless. Get answers to questions like these and more: "Why am I always falling short of my goals?" "How can I determine what my exact goals are?" "Why can't I achieve what I set out to do?" "Why do I have to work so hard to achieve the smallest tasks?" "How can I improve the way I go about doing things?" Download

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